

# IT Skills training and support in Eastbourne



Last updated October 2017

**Coffee Pot Computing** is a voluntary organisation helping residents of Eastbourne aged 50+ to get to grips with technology. Absolute beginners are our speciality and we hold two sessions each week:

Eastbourne Sovereign Sailing Club on Wednesday mornings - 9.30 to 12.30

St Johns Parish Hall, Meads, BN20 7ND on Friday mornings - 9.30 to 11.30.

We charge £3 per person per session.

Happy to support older people. People can learn on their own equipment or they could use an iPads. Offer help with setting up an email account and basic "getting started".

Email : [coffeepotters@gmail.com](mailto:coffeepotters@gmail.com)

[www.coffeepotcomputing.co.uk](http://www.coffeepotcomputing.co.uk)

Telephone : Lynne Kiernan 07973549155

## People Matter Trust

Our highly skilled team of advisers provide help with CV writing, career guidance, business start-up advice, job search, applications and letters to employers. We can also arrange a mock interview with feedback. We offer a wide range of workshops and training opportunities and a popular Job Club.

IT skills for jobseekers - a six week introductory course covering basic IT skills for jobseekers.

Thursday mornings when available.

17 Gildredge Road, Eastbourne, East Sussex, BN21 4RU

telephone: 01323 431289

Email: [reception@people-matter.org.uk](mailto:reception@people-matter.org.uk)

<http://people-matter.org.uk/>

## Community Wise

Thursdays between 2:00 and 4:00pm help for anyone coming along with a phone, tablet, or laptop in need of support/help/advice.

Ocklynge Rd, Eastbourne BN21 1PY

Phone: 01323 722924

<http://www.communitywise.org.uk/>

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## Helen Owen Marketing

Free Computer skills training drop-ins. Friendly one-to one guidance at your own pace, whatever your level of skill.

125 Seaside, Eastbourne, BN22 7NN

Wednesday 2pm to 4pm

Thursday 2pm to 4pm

[helenowen.org](http://helenowen.org)

Telephone: 07720 854185

Email: [info@helenowen.me.uk](mailto:info@helenowen.me.uk)

## Age Concern

Drop in sessions on basic computing skills including practical help with tablets. Providing help with setting up your email account, helping with familiarisation, surfing the net etc

Thurs morning 9:30 to 12:30

The cost is £3 a session

The William & Patricia Venton Centre  
Junction Road  
Eastbourne  
BN21 3QY

Tel: 01323 638474

Email: [info@ageconcerneastbourne.co.uk](mailto:info@ageconcerneastbourne.co.uk)

## Sussex Downs College Beginners IT

Ideal for people of any age who have never touched a computer before and would like to know the basics. We will cover switching the computer on/off, accessing programmes ...

<http://www.sussexdowns.ac.uk>

Ecat House, Cross Levels Way, Eastbourne, BN21 2UF

0845 2601 608

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## Libraries - Getting help using computers

### Computer buddy volunteers

Computer buddies are [volunteers](#) who spend time in libraries helping out when people get stuck using our computers and the Internet. Sometimes they may be able to help you with your own device as well.

If you know the basics of using computers but can get stumped by quite simple problems like the menu bar disappearing or filling in an online form, just ask for details of buddies in your area.

### How to book

You can ask for general help and advice when a buddy is available in the libraries below, or book a session by phoning **0345 6080196**.

- [Battle Library](#) – Wednesdays 10.30am to 12 noon. Available in library or book in advance
- [Bexhill Library](#) – Mondays 10.15am to 12.15pm. Tuesdays 2.15pm to 3.45pm. Wednesdays 2pm – 4pm. Thursdays 2pm – 6pm. Fridays 2pm – 4pm
- [Crowborough Library](#) – Ring Crowborough Library to book a place.
- [Eastbourne Library](#) – Monday to Saturday, morning and afternoon sessions.
- [Hailsham Library](#) – Thursday 10am – 12 noon. Saturday 10am – 12 noon.
- [Hastings Library](#) – Ring and ask to speak to Hastings Library for details.
- [Heathfield Library](#) – Monday 10 – 12. Tuesday 10 – 12.
- [Hollington Library](#) – Beginners course starting February 2017. Ring and ask to speak to Hollington Library for details.
- [Langney Library](#) – Tuesday 11.30 – 1.30.
- [Lewes Library](#) – Tuesday 2 – 4. Saturday 10.30 – 12.30.
- [Newhaven Library](#) – Tuesday mornings.
- [Peacehaven Library](#) – Tuesday 10 – 12 term time only. Tuesday 2 – 4.
- [Ringmer Library](#) – Wednesday mornings.
- [Seaford Library](#) – Monday 2 – 4. Tuesday 10 – 12. Wednesday 10 – 12. Thursday 2 – 4. Saturday 10 – 12.
- [Uckfield Library](#) – Tuesday mornings.

### Computer courses

We offer [Learndirect courses](#) in libraries. You need to visit a learning centre first to sign up.

You can also watch training videos – called [Atomic Training](#) – to learn how to use the most popular computer software, including Microsoft, Apple and Google products. You'll need to create an account using your library card number to watch these videos anywhere, in libraries or at home.

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## IT for You – Basic IT sessions

Learn how to use email, construct a CV, search and apply for work online and access online services and support.

Our IT for You volunteers offer 1 to 1 and group training sessions at:

[Hailsham Library](#) – Monday 12.30pm

[Crowborough Library](#) – Tuesday 10.30am

[Heathfield Library](#) – Tuesday 2.30pm

[Uckfield Library](#) – Thursday 10.30am

[Lewes Library](#) – Thursday 10.30am

[Eastbourne Library](#) – Friday 10.30am

To book, phone 01323 463759 or drop in to a participating library during the IT for You session.

Free wi-fi is available in all libraries

## Old Town Community Library

191 Victoria Drive

Eastbourne

BN20 8QJ

Telephone: 01323 649964

Free internet access, some computers available and wi-fi

Opening hours are Tues, Thurs, Fri 10 – 5 pm and Sat 10 -1 pm